

WAVE STARTS



25 March 2018

Category	Time	Cap Colour
	7.00	Yellow

Duathlon

Category	Time	Cap Colour
All	7.30	N/A

Enticer

Wave	Category	Time	Cap Colour
1	Males	7:30	Light Blue
2	Females & Mates Wave	7:33	Red

Standard Distance Pursuit

Wave	Category	Time	Cap Colour
3	Open, Paratriathletes & Juniors 15-19	8:00	Dark Green
4	Females 40+	8.03	Yellow
5	Females 20-39 & Males 50+	8:06	White
6	Males 35-49	8:10	Dark Blue
7	Males 20-34	8:14	Orange
8	Teams & Mates Wave	8:18	Light Green

*Subject to change without notice.