



WAVE STARTS



Triathlon

18th February 2018

Category	Time	Cap Colour
	7.00	Orange

Duathlon

Category	Time	Cap Colour
All	7.30	N/A

Enticer

Wave	Category	Time	Cap Colour
1	Junior 12-19	7:30	White
2	Males 20+	7:33	Light Green
3	Females 20+	7:35	Orange
4	Teams & Mates Wave	7:38	Red

Pursuit

Wave	Category	Time	Cap Colour
5	Male Open & Male Junior	8:00	Dark Blue
6	Female Open & Female Junior	8.01	Pink
7	Paratriathletes	8:02	White
8	Males 25-34 & Males 50+	8:04	Red
9	Females 20+	8:08	Dark Green
10	Males 20-24 & Males 35-49	8:18	Yellow
11	Teams & Mates Wave	8:28	Pink

#Subject to change without notice.