



# WAVE STARTS



## Triathlon

14<sup>th</sup> January 2018

Category	Time	Cap Colour
	7:00	Pink

### Duathlon

Category	Time	Cap Colour
All	7.30	N/A

### ENTICER

Wave	Category	Time	Cap Colour
1	Junior 12-19	7:30	White
2	Males 20+	7:33	Dark Green
3	Females 20+	7:35	Orange
4	Teams & Mates Wave	7:38	Pink

### PURSUIT

Wave	Category	Time	Cap Colour
5	Paratriathletes	8:00	Red
6	Juniors, Male & Female 20-24	8:03	Light Green
7	Males 45-54	8:04	Dark Blue
8	Males 25-29 & 55+	8:07	Yellow
9	Females 25-39	8:10	Pink
10	Females 40+	8:13	Light Blue
11	Males 35-39	8:25	White
12	Males 40-44	8:29	Red
13	Males 30-34	8:33	Dark Green
14	Teams and Mates Wave	8:37	Orange

### DRAFT LEGAL

Wave	Category	Time	Cap Colour
15	Males	9:50	Yellow
16	Females	9:52	Red

#Subject to change without notice.