



WAVE STARTS



City of
Joondalup

#1 Triathlon

17th December 2017

#Start times subject to change without notice

Category	Time	Cap Colour
	7.00	Light Blue

Duathlon

Category	Time	Cap Colour
All	7.30	N/A

Enticer

Category	Time	Cap Colour
Junior 12-19	7.30	Light Green
Male 20+	7.33	White
Female 20+	7.37	Pink
Teams & Mates Wave	7.42	Yellow

Pursuit

Category	Time	Cap Colour
Male Open & Male Junior	8.00	Dark Blue
Female Open & Female Junior	8.01	Red
Paratriathletes	8.02	Orange
Males 65+ & Females 40-49	8.03	Dark Green
Females 20-29 & Males 55-64	8.09	White
Females 30-34 & 50+	8.16	Light Blue
Females 35-39	8.26	Pink
Males 20-24 & 40-44	8.31	Yellow
Males 35-39 & 45-49	8.37	Light Green
Males 30-34	8.42	Dark Blue
Males 25-29 & 50-54	8.50	Orange
Teams & Mates Wave	8.53	Red