



WAVE STARTS



Triathlon

19th February 2017

Category	Time	Cap Colour
	7:00	Orange

Duathlon

Category	Time	Cap Colour
All	7.30	N/A

ENTICER

Wave	Category	Time	Cap Colour
1	Junior 12-19	7:30	Red
2	Males 20+	7:33	Yellow
3	Females 20-39	7:35	Light Green
4	Females 40+	7:38	White
5	Teams & Mates Wave	7:40	Light Blue

PURSUIT

Wave	Category	Time	Cap Colour
6	Juniors, Male & Female 20-24	8:00	Pink
7	Paratriathletes	8:01	Dark Green
8	Males 45-54	8:04	Dark Blue
9	Males 25-29 & 55+	8:07	Yellow
10	Females 25-39	8:10	Light Green
11	Females 40+	8:13	White
12	Males 35-39	8:25	Pink
13	Males 40-44	8:29	Light Blue
14	Males 30-34	8:33	Orange
15	Teams and Mates Wave	8:37	Red

DRAFT LEGAL

Wave	Category	Time	Cap Colour
16	Males	9:50	Dark Blue
17	Females	9:52	Dark Green

#Subject to change without notice.