



**CITY OF JOONDALUP
TRIATHLON #1
11 December 2016**

- S** → → → **Swim Course**
100m - 1 lap
- B** → → → **Bike Course**
3km - 1 lap
- R** → → → **Run Course**
500m - 1 lap



- FA** First Aid
- RG** Registration
- BA** Briefing Area
- W** Water Station
- T** Transition Area
- PS** Presentation Stage